

Mehria Wonderland Nursery



Screen Time Policy

Date agreed: 01/09/2026

Review date: 01/09 2027 (or sooner if required)

Signed: Zia Qazi
Senior Manager

Signed: Zile Humma
Assistant Manager

Mehria Wonderland Nursery

Screen Time and Digital Technology Policy

At Mehria Wonderland Nursery, we recognise that technology can support children's learning when it is used carefully and purposefully. However, young children also need plenty of opportunities for physical activity, outdoor play, communication, social interaction, imaginative play and hands-on learning.

From 1 September 2026, the EYFS statutory framework requires providers to have regard to the new government guidance on children's screen use in early years settings. The guidance says screen use should be avoided for children under 2 and limited to up to one hour a day for children aged 2 to 5, with screens used carefully and intentionally for specific learning and development purposes.

Our Approach

At Mehria Wonderland Nursery:

- Children under 2 years: We will avoid screen use wherever possible.
- Children aged 2–5 years: Screen use will be limited and will generally be kept well below one hour during the nursery day.
- Screens will only be used when there is a clear learning, development or communication purpose.
- Screen use will be short, purposeful and supervised by an adult.
- We will not use screens simply to keep children occupied or as a replacement for play and interaction.
- Children will have plenty of opportunities for outdoor play, physical activity, books, creative activities, sensory play and social interaction.
- Screens will not be used during mealtimes.
- We will avoid screen use before sleep or rest times.
- Staff will consider the individual needs of each child when deciding whether screen use is appropriate.

Educational Use

Where technology is used, staff will ensure that it supports children's learning. For example:

- Looking at photographs to support children's learning and experiences.
- Using a digital device to explore a topic together.
- Listening to appropriate songs or stories with an adult.
- Using technology to support children with additional needs or communication.
- Using digital technology as part of a planned learning activity.

Adults will actively engage with children rather than leaving them to use a device independently.

Supervision and Safeguarding

Children will always be appropriately supervised when using digital devices.

Staff will ensure that:

- Children only access age-appropriate content.
- Internet access is appropriately restricted and monitored.

- Personal information is not shared.
- Nursery devices are used in accordance with our safeguarding and acceptable-use procedures.
- Staff follows our policies relating to mobile phones, cameras, photographs and online safety.

Working with Parents and Carers

We will work with parents and carers to promote healthy screen habits.

Parents will be informed about our approach to screen use and encouraged to follow the government's age-appropriate guidance at home.

We recognise that children's screen use outside nursery is the responsibility of parents and carers. Our role is to provide a balanced environment and support families with appropriate information.

Monitoring

The Nursery Manager will monitor how screens and digital devices are used within the setting and ensure that staff understand this policy.

Screen use will be reviewed regularly to ensure that it remains purposeful and does not replace valuable opportunities for play, movement, communication, relationships and real-world experiences.

Policy Statement

Mehria Wonderland Nursery is committed to providing children with a balanced, active and engaging early years environment. Digital technology will be used carefully, safely and purposefully, with children's health, wellbeing, learning and development always coming first.